George Gregory

George Gregory serves as Executive Team Pastor/Chaplain for the Los Angeles Chargers, providing spiritual leadership, pastoral care, counseling, and encouragement to players, coaches, executives, and their families. Since 2017, George has helped create a culture of faith and personal growth through team chapel services, Bible studies, individual care, marriage and relationship support, and crisis response. He also works alongside the organization's leadership and player-engagement teams to support the holistic well-being of those within the Chargers organization.

Football • Los Angeles Chargers • Goldsboro, NC

app.og1.app/p/GeorgeGregory

Biography

George Gregory is a USA Today bestselling author, relationship and leadership speaker, NFL chaplain, and trusted voice helping high-performing leaders build success without sacrificing the people they love.

For more than 16 years, George has equipped couples, professional athletes, coaches, executives, and families with practical strategies for building healthier relationships, navigating pressure, and creating a home life strong enough to sustain a meaningful career. He currently serves as an official chaplain for the Los Angeles Chargers and previously provided marriage support, mentoring, counseling, retreats, and leadership development for the New York Jets and New York Giants.

George is the co-author of The Marriage Game Plan: Developing a Winning Strategy for Marital Success, a USA Today bestseller, and co-founder of Journey for Life, a national marriage ministry. He also hosts The Marriage Game Plan Podcast, where he brings practical, faith-rooted insight to conversations on marriage, family, communication, leadership, and emotional well-being.

With more than two decades of pastoral leadership, George previously led marriage ministry at Saddleback Church and planted a church on Manhattan's Upper East Side. He holds a Master of Divinity from Duke Divinity School. His work has been featured through influential media and leadership platforms including The 700 Club, CBN, Focus on the Family, TBN, 100 Huntley Street, Marriage Today's XO Conference, Professional Athletes Outreach, the NBA All-Star Breakfast, and the NBA Legends Conference.

Through his HomeFirst Leadership message, George challenges leaders to redefine success: not merely by what they achieve professionally, but by the strength, presence, and legacy they build at home. He speaks with conviction and practical clarity on leadership, marriage, fatherhood, faith, communication, emotional health, and creating a life that wins both at work and at home.

Statement

I am committed to helping people pursue meaningful success without sacrificing the relationships that matter most. Grounded in faith, character, and intentional leadership, I believe a strong home is not separate from a successful life—it is the foundation of one.

Achievement

USA Today Best Selling Author
The Marriage Game Plan: Developing a Winning Strategy for Marital Success by George and Tondra Gregory is a USA Today Bestseller that provides a biblically based guide for building a strong marriage.

Education

Bachelor of Arts in English | North Carolina A&T State University
Bachelor of Arts in English at North Carolina Agricultural & Technical State University
Graduated from North Carolina Agricultural & Technical State University in June 1996 with a Bachelor of Arts in English. Developed strong foundations in advanced writing, critical analysis, and literary research.

Master of Divinity (M.Div.) — Duke Divinity School
Master of Divinity (M.Div) at Duke Divinity School
Completed a Master of Divinity degree at Durham, NC (Class of 2003).

Feature

Focus on the Family Magazine Cover Feature
We are honored to be featured on the front cover of the June/July 2026 edition of Focus on the Family magazine along with a featured article on “Winning in Your Marriage”.

Marriage and Football: An Unlikely Pair with the Same Goal — Success
We were featured on 700 Club Interactive (CBN) - July 2025

Couple Keeps NFL Team Grounded in Faith
A behind the scenes look at our work as team Chaplains with the Los Angeles Chargers - 700 Club Interactive (CBN)

Journey for Life's Story
We share our marriage story of how we started and why helping couples is key to our purpose and passion. We are pictures of God's grace.

PRINCIPLES

- Faith before fear
- Home is the first leadership assignment
- Character sustains what talent creates
- Relationships require intention
- Presence is one of the greatest gifts
- Leave people stronger

CAREER HISTORY

Executive Team Chaplain/Pastor — Los Angeles Chargers

NFL | Football | 2017

Currently I serve as Executive Team Chaplain\Pastor for the Los Angeles Chargers, providing spiritual leadership, pastoral care, counseling, and encouragement to players, coaches, executives, and their families. Since 2017, I have helped create a culture of faith and personal growth through team chapel services, Bible studies, individual care, marriage and relationship support, and crisis response. I also work alongside the organization's leadership and player-engagement teams to support the holistic well-being of those within the Chargers organization.

Marriage and Relationship Coach — New York Jets

NFL | Football | 2013 - 2017

My wife (Tondra) and I were invited to serve as a trusted marriage and relationship resource for New York Jets players, coaches, staff, and their spouses. Our work included couples' Bible studies, relationship talks, marriage enrichment events, date nights, premarital counseling, marriage counseling, and ongoing mentorship. We provided practical, confidential support designed to help couples strengthen communication, navigate the pressures of professional sports, and build healthy marriages and families.

Marriage and Relationship Coach — New York Giants

NFL | Football | 2013 - 2015

After learning of our work with the New York Jets, the New York Giants invited us to provide marriage and relationship support for players, coaches, and staff. Through engaging relationship talks, marriage-focused mentorship, and counseling, we offered practical tools to strengthen communication, deepen connection, navigate conflict, and build healthier relationships amid the unique pressures of professional sports.

ENDORSEMENTS

"Hearing George made me ask: Is my family getting my best or what's left? His message challenged me to protect moments I can't get back and turn my heart toward my children with tenderness—to listen, love, and apologize first. I wholeheartedly recommend Chaplain George Gregory to teams, coaches, and men's groups on marriage, parenting, and estrangement. Winning at home and regaining home field advantage is a game changer.
"

— Ed Norwood