Russell Flournoy

Football • Whitney, TX

app.og1.app/p/russflournoy2

Biography

I just finished my first season as a defensive student assistant for the Tarleton Football team. Tyrone Nix emphasized the importance of ensuring that everyone worked hard not only on the field but also off it and maintaining integrity. I have adopted those same qualities, but my philosophy is based on my upbringing. I come from a blue-collar family, and I plan to bring that blue-collar mentality to your program. The blue-collar mentality consists of having integrity, being the hardest worker in the room, and working together to win championships. Do it to the best of your ability, no matter what your role is. Even if someone starts slacking, hold them accountable and lift them to be all they're meant to be.

Statement

My name is Russell Dale Flournoy Jr. I'm from Whitney, TX, and I'm a student at
Tarleton State University. I currently serve as a defensive student assistant for Tarleton Football. I just completed my first season as a coach, in which we went 10-4 in our first-ever entire Division 1 season, clinching a first-year playoff berth. My goal isn't just to win ball games but to use football as a teaching tool to prepare athletes for their next stage of life.

Education

Bachelor of Science - Kinesiology with a minor in Political Science
Tarleton State University

Associates Degree in Liberal Arts
Hill College
Student Body VP - Student Government
2023 Student of the Year Award
Phi Theta Kappa Honor Society Member

PLAYER DEVELOPMENT

Narci Wickley
Tarleton State University | Football

COACHING CAREER

Assistant Coach — Tarleton State University
NCAA Division I - National Collegiate Athletic Association Division I | Football | 2024